



# ALL ABOUT COMPETITION

Vibe Performance Company

Season: 2022-2023

## ***PREPARING FOR COMPETITION - MAKE-UP AND HAIR***

- All dancers need to wear make-up to highlight their features so that the stage lights do not wash out their faces. Make-up should be applied per how you were instructed at Hair and Make-up Day. Refer to the “Items Needed for Competition” document for additional information on make-up and hair... [Click here to access this document.](#)
- Follow details of this season’s competition hairstyle from what you learned at Hair and Make-up Day, without exception. Each dancer will be checked by Cheryl at each competition.
- All hairpieces (if applicable) should be stored in a large zip-lock bag or box labeled with your dancer’s name.
- Hairpieces and/or hats should be secured with plenty of bobby pins. Have your dancer give her head a good shake to make sure everything is securely in place.
- NO Fingernail or toenail polish is to be worn by dancers during a competition. Make sure that nails are neatly groomed. Long nails, either real or fake, are NOT allowed at competition.
- NO jewelry is allowed, other than what is required for competition. Take off other jewelry before you leave home so that you do not lose it.
- Make sure your dancer packs and wears her **Vibe jacket** when she is not wearing a costume at competitions. The jacket should be worn, zipped up. Dancers should wear black bottoms (either black shorts or leggings) with the jacket. This is our team outfit. It creates a “studio identity” along with ensuring your costume is protected. Dancers should arrive at a venue in her jacket and remain covered when not in route to and from the stage. Absolutely NO EATING in costumes!! If your dancer must eat a snack, then the jacket must be worn (and zipped) over your costume to protect it.

## ***ARRIVAL AND PREPARING TO DANCE – DANCER & MOM INFO***

*Everyone is to be at the venue STAGE READY TWO (2) HOURS prior (or as soon as doors open) to the first competing time for their group/dance. We will check in and either be assigned a dressing room, or we find a spot of our own. \*Solos/Duos will need to arrive ONE (1) HOUR prior to competing time.\* . Be sure to track the competition schedule/check in with group moms already at the venue when determining arrival time as it is common for any given competition to run ahead of schedule. If the competition is ahead of schedule, please adjust your arrival times accordingly.*

*“Stage Ready” means all dancers must arrive with full hair and make-up COMPLETELY DONE. This means being ready to go on stage 2 hours ahead of time, if required.*

*During this 2-hour window, dancers should get stretched, run through their dances, review corrections, and be ready to work with Cheryl as time allows prior to going on stage. Dancers are expected to take the initiative to prepare with their group to be ready to go on stage during this time. This is considered part of the dancer’s*

***responsibility to the team.*** Any member of the team that is not actively participating with their group in running through dances and reviewing corrections will be subject to disciplinary action by FootNotes staff.

### **What to do once you arrive at the venue:**

- Upon arrival, both dancer and mom should find your group, setup the dream duffel/costumes, check costumes to determine if anything needs to be steamed, and 'hang out' with your group. We recommend arriving at the venue with your tights on (if they are required for your dances) as the dressing rooms are typically one big ballroom area, so there will not be much room for modesty. Bringing a blanket to put on the floor for sitting and changing (to cover your dancer if she is modest) is a good idea.
- It is not mandatory but expected of all dancers to cheer on your fellow teammates.

## ***COSTUMES***

- A good way to organize ***costumes is to put the costume on a hanger and the accessories (tights, hairpieces, etc.) for the costume in a garment bag*** or in a zip-lock bag hanging from the hanger.
- All costumes must be steamed, wrinkle free, and hung in a garment bag. If a costume is particularly 'easy to wrinkle', make sure that you allow plenty of time at the venue to steam the costume to ensure it is completely wrinkle-free.
- Costumes should not be dry cleaned. Spot clean with caution only. If you find you have a spot, ask your group mom for suggestions on how to handle the situation. If she is not sure how to handle, ask Cheryl for advice.
- All shoes should be clean and without scuffs or noticeable wear. If you need to purchase new shoes, do so ASAP. Wearing shoes that are brand new for competition is not a good idea since it takes some time to break them in.
- Label all shoes, costume pieces and tights with your dancer's name/initials.
- Costume pieces should be securely sewn in place so that nothing falls off or comes undone while on stage. **Pinning is sloppy and not dependable.**
- Always have 2 extra pairs of the required tights at each competition.
- If a costume has a hat, headpiece or costume piece that can be worn different ways, make sure you follow what has been coordinated to have it all the SAME way. For example, make note of how the headpiece is to be worn...to the right or left side, everyone's hat tilted to the left or right, etc.

## ***AT THE COMPETITION***

Competitions are generally held over a weekend. Some start on Friday afternoon/evening, others start on Saturday around 8:00am and finish on Sunday sometime. (There are occasions when solos may start on Thursday). **It is best to block the entire weekend, as the exact schedule will not be announced until the week before the competition.**

We are entered in the competition as **FootNotes Dance & Acrobatics** (not Vibe Performance Company). Competitions are generally scheduled by age group/group size/category of dance. *We will communicate details of our timing the week prior to each competition/as soon as information is received.*

Programs are available for a nominal fee, and some competitions now have the program online. The program will include the schedule, information about the judges, rules and adjudication scoring. Some competitions have an app that you can download that will provide schedule and event information. This will be communicated in the competition communication that will be sent out the week prior to competing.

It is important for moms and dancers to stay aware of how the competition is running...so having access to a program (either hard copy or online...whichever is available) is key to ensuring you are keeping up with the schedule. Competitions usually run on time... with that said, they can run ahead of or behind schedule just as often. It is key to be ready and with your team if the dance is called early. **If the competition is running early, your group mom will communicate that information via GroupMe...so it is important to keep your phone near you during competition weekend. In the case that a competition is running late, you should have nothing else scheduled for the day.**

## ***AWARD CEREMONIES***

*All* dancers for a given age group are invited on stage for awards, and they are generally scheduled a few times a day. Some competitions may handle award ceremonies virtually this dance season to comply with CDC/State safety guidelines. *We will communicate information about awards presentations with the competition schedule information, the week prior to the competition.*

**If there is an opportunity for a dancer(s) to go on stage during the competition for an award, please ensure that your dancer is wearing her team jacket while on stage. The jacket should be zippered. Dancers should wear black bottoms (either black shorts or leggings) with their jacket. Competition hair should be intact when on stage. **And lastly, dancers should not have phones on stage...phones should be put away/not in use.****

## ***ADJUDICATION***

The dancers are judged against a standard of dance and assigned points by each of the judges based on how well they meet the standard. Scoring values and methods vary from competition to competition. An example is:

High Gold 100-95 pts

Gold 94-90 pts

High Silver 89-85 pts

Silver 84-80 pts

Bronze 79-75 pts

- All competitions are different in what physical awards are given. Some give all members a pin. Some only give a trophy. Some both.
- The standard for each level is adjusted by age category and dance style. So, a 6-7 yr old tap number would be judged against a different standard than an 11-12 yr old tap number.
- The dancers are sometimes ranked by place within their age group and category as well as. So, if there are 10 routines in the 11-12 Tap large group category, the top 3-5 scores would be awarded 1st, 2nd, 3rd,.....place.
- Nearly all competitions also have age group and division awards. Age group awards are given for the highest scoring routines in one entire age group. For example, all dances in the 11-12 age groups are compared including all styles and group sizes. Dance competitions generally have two divisions: 12 and under & 13 and up (competitions do vary this). The Junior Division would include ALL dances 13 and younger. The Senior Division

would include ALL dances 14 and older. Awards are given, often including cash, for the highest scoring routines in the division.

**A variety of other “special” awards are also given at some competitions. These include, but are not limited to:**

- Judges awards (most flexible, most entertaining, sharpest costume, etc.) Judges may also make up the categories based on the impressions from the dances.
- Choreography awards
- Studio Spirit awards

The judges record verbal comments throughout the dance. These are provided to the studio owner after the competition with the score sheets. Cheryl will review this information with the dancers after each competition.

## ***FOR THE DANCE PARENTS***

Not only are the dancers a team, the dance parents are a team. *So that we operate at maximum efficiency, it is mandatory for each mom to attend all competitions.* With costume changes and hairstyle “repair”, the girls will need one-on-one help of their own. There are also plenty of opportunities to work together as a team:

### ***Getting the girls ready to dance***

- Knowing the dance order
- Having the right costume at the right time and ensuring it is wrinkle-free
- Styling hair
- Touching up make-up
- Making sure the girls are ready to go backstage on time

### ***Checking costumes***

- All costume pieces in place
- All dancers look the same (hair, make-up, accessories)
- No jewelry, nail polish, or panty lines

### ***Keeping track of the kids between dances***

### ***Cheering for your kids and all others at the studio***

Each parent brings different skills, and everyone shares the common goal of wanting to see your kids have fun and perform well. Some parents know how to sew, while others may be good at applying make-up. **Working together will help everyone out and set a great example for our dancers.**

***So, this sums up “All About Competition”. We know it is a lot of info, so please be sure to print this out and keep it as a reference. As always, should you have questions, please contact your Group Leader. If she cannot answer your question, she will know who can!***

***We are very excited and can’t wait for our first competition!!!***